

Sermon Notes

Philippians 4:10-23

This week we continued our study in Philippians by learning how we can be consumed with Christ's contentment. In our world, at times, we begin to think "if only" we could change our circumstances; our feelings on the inside would change as well. However, the reality is that at any time, we can experience the presence of Christ and be content no matter what situation we face. By being obedient to God's Word, we can grow and remain in a state of contentment. May God continue to grow you in your contentment in Him.

Here are some notes to review from this week's sermon...

Our Thinking: Consumed with Contentment

Philippians 4:10-23

- **Be grateful when God's people serve you (10)**
- **Be appreciative for everything in every circumstance (11-12)**
- **Be strong in the Lord (13)**
- **Be generous for the needs of others (14-19)**
- **Be worshipful to God with all God's people (20-23)**

Hearing the Word of God and responding to Him is extremely important. If you haven't had the chance to listen to the message from this week, you can [watch it here](#). After watching, please use the following questions (if you find them helpful) in your BRAVE groups (now online every weekday) or discuss them with your family and/or friends. If you are not in a BRAVE Group, now is a great time to get involved. Please go to our [online Small Group platform](#) to connect with a group that will work for you.

Questions

1. When someone serves us, why should we rejoice in the Lord? What does God have to do with someone who serves us?
2. Once we rejoice in the Lord, how should we act towards the one who served us? What are different ways we can show gratitude to other people? Why is showing gratitude in our culture difficult?
3. How does communicating our gratitude with others make a difference? How would the Philippians have felt as they heard this letter read? To whom do you need to show gratitude, and how do you plan to do it?
4. Why are we called to be thankful in every circumstance? Does this mean that we need to enjoy every circumstance?
5. What are some of the things you should be thankful for that you simply take for granted? If God only did the things tomorrow that you are thankful for today, how might that change the way you pray?

6. How does spending time with a broad range of people make you more thankful? What specifically do you need to thank God for right now?
7. Why does the Lord need to be your strength? What competes for your strength?
8. How does the Lord being your strength help with our contentment? What happens when the Lord is not your strength?
9. What is Philippians 4:13 saying in the context of contentment? What is Philippians 4:13 NOT saying? Why is this verse so often twisted?
10. What is generosity? Why is generosity important in the heart of the believer? What is the difference between a generous heart and a calculated heart?
11. Why was Paul glad that the Philippians were generous? What did he want to see in the life of the Philippian church?
12. What specific ways does God want you to take a step of faith in your generosity?
13. How does worshipping the Lord bring contentment? Why should we declare that He is BIG and we are small?
14. Why is greeting other believers essential to our growth in Christ? What is greeting? How is greeting more than shaking hands?
15. Who are the believers we are called to greet? How many believers do you greet inside of BRAVE Church? Outside of BRAVE Church?
16. What is one specific way you can grow in your contentment this week?