

Sermon Questions

Exodus 23:10-33

This week we looked at three words that were keys for our spiritual growth in the Lord. Rest, worship, and trust are essential for us in our daily walk with Jesus Christ if we are going to experience God's best. God spelled out for the nation of Israel these three concepts, which are all repeated throughout the entirety of the Scriptures. For many believers today we don't know how to rest, don't prioritize worship, and forget that trust is ongoing. In the message this week we were challenged from God's Word to make sure that all three of these areas continued to grow. May God use the truths of His Word this week to help you grow in your relationship with Christ.

Here are some notes to review from this week's sermon...

Keys for Spiritual Growth

Exodus 23:10-33

Rest in the Lord (10-12)

Key Word: Cessation

Worship the Lord (13-18)

Key word: Celebration

Trust in the Lord (19-33)

Key words: Identification, Separation & Expectation

Hearing the Word of God and responding to Him is extremely important. If you haven't had the chance to listen to the message from this week you can now watch it [HERE](#). After watching, please use the following questions (if you find them helpful) in your BRAVE groups (now online every weekday) or discuss them with your family and/or friends. If you are not in a BRAVE Group now is a great time to get involved. Please email info@bravechurch.online and we will get you connected with a community that will work for you.

Questions

1. Why does God require rest for His people? How did God model rest during the creation week? Was God tired from His work? If God was not tired or exhausted from His work, then what was he modeling for His people?
2. What does resting in the Lord entail? How does resting in the Lord differ from a vacation or taking time off work?
3. Read Psalm 46:10; Matthew 11:28-30, 1 Peter 5:7 and Matthew 6:25-34. What does it mean to cease striving? What should we stop? What should we start? Why does God want us to take a Sabbath rest every week?

4. Why is slowing down and spending an entire day resting in the Lord so difficult? What might a Sabbath look like for you? When might a Sabbath start and end for you? What day of the week may be best? What might hinder your Sabbath and how can you protect yourself from that?
5. Why does God want worship to be priority for His people? What changes in our lives when we truly worship the Lord? What is the benefit of worship for the people of God?
6. Why does God expect the men to appear before Him in person for worship three times a year even if they live a far distance? What does this tell us about the responsibility of men in a culture? What is the principle for men leading their families to church today? Why should single men pursue the Lord in participating in worship weekly?
7. What is the benefit of men leading the culture of worship in a church? If men are truly leaders what may be a word that describes them? If men are humble and teachable servants of the Lord how would the women and children benefit as well?
8. Why should the worship of God be a celebration? What makes God so worthy to be celebrated? What has God done that makes God worthy to be celebrated? What has God done specifically for you this week that makes him worthy of being celebrated?
9. What does it mean that we should trust the Lord? Why is trust so important in our relationship with God? What happens when we are not trusting the Lord presently in our lives?
10. How does God respond to faith? How do we need to grow in our identification with the Lord as we trust in Him? How can you begin to identify more with the Lord than the things of this world?
11. What does it mean to be separated unto the Lord? Why is this separation unto God so important in your walk with Him? What is the challenge when believers look and act just like their non-Christian friends?
12. Why is expectation such an important ingredient for faith? Why is expectation so difficult at times? What should you begin to expect from God in your life today?
13. How are rest, worship, and faith like a three-legged stool? Why are all three important for growth? How can you grow in all three of these disciplines this week?
14. What was your greatest take-a-way this week from the message? What do you need to apply in your life right now?